



HEALTHY PLANET BETTER WORLD

CONFERENCE PROGRAMME

CHOOSE HEALTH. CHOOSE A GREEN ENERGY SUPPLIER. CHOOSE WALKING OR CYCLING INSTEAD OF DRIVING. CHOOSE A SUSTAINABLE HEALTH SERVICE. CHOOSE EATING LESS MEAT AND MORE PLANTS, ENGAGING WITH NATURE AND BANKING WITH AN ETHICAL PROVIDER. CHOOSE NOT TO FLY. CHOOSE CAMPAIGNING ON THE ISSUES THAT MATTER TO YOU, AND VOTING FOR POLITICIANS WHO ARE COMMITTED TO ACTION ON CLIMATE CHANGE. CHOOSE NOT PRESCRIBING ANTIBIOTICS UNLESS ABSOLUTELY NECESSARY. CHOOSE YOUR FUTURE. CHOOSE THIS BAG. CHOOSE A HEALTHY PLANET AND A BETTER WORLD. CHOOSE HEALTH. CHOOSE A GREEN ENERGY SUPPLIER. CHOOSE WALKING OR CYCLING INSTEAD OF DRIVING. CHOOSE A SUSTAINABLE HEALTH SERVICE. CHOOSE EATING LESS MEAT AND MORE PLANTS, ENGAGING WITH NATURE AND BANKING WITH AN ETHICAL PROVIDER. CHOOSE NOT TO FLY. CHOOSE CAMPAIGNING ON THE ISSUES THAT MATTER TO YOU, AND VOTING FOR POLITICIANS WHO ARE COMMITTED TO ACTION ON CLIMATE CHANGE. CHOOSE NOT PRESCRIBING ANTIBIOTICS UNLESS ABSOLUTELY NECESSARY. CHOOSE YOUR FUTURE. CHOOSE THIS BAG. CHOOSE A HEALTHY PLANET AND A BETTER WORLD. CHOOSE HEALTH. CHOOSE A GREEN ENERGY SUPPLIER. CHOOSE WALKING OR CYCLING INSTEAD OF DRIVING. CHOOSE A SUSTAINABLE HEALTH SERVICE. CHOOSE EATING LESS MEAT AND MORE PLANTS, ENGAGING WITH NATURE AND BANKING WITH AN ETHICAL PROVIDER.



health professionals for a
safer, fairer & better world

Friends House floor plans

2 Second floor

Elizabeth Fry Suite (1 and 2)

Margaret Fell Room

George Fox Room

William Penn Suite (1 and 2)

1 First floor

Marjorie Sykes Room

Hilda Clark Suite (1, 2 and 3)

Abraham Darby Room

Kathleen Lonsdale Room

George Bradshaw Room

Sarah Fell Room

THE LIGHT The Light (Upper Level)

G Ground floor

Ystafell Waldo Williams (1 and 2)

Ada Salter Suite (1, 2 and 3)

THE LIGHT The Light

Courtyard

Quaker Centre Café / Bookshop / Worship space










LG Lower Ground floor

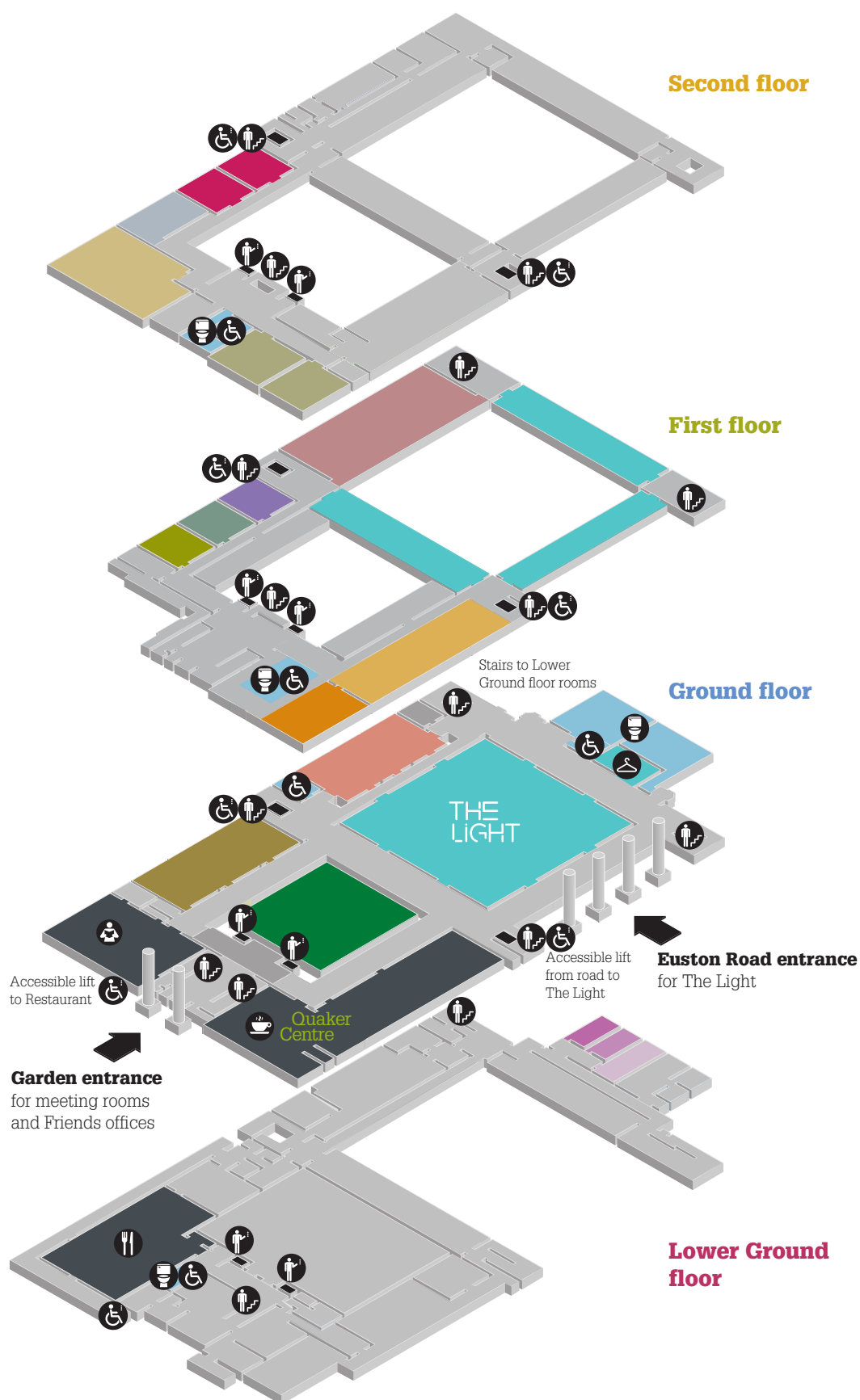
Bayard Rustin Room

Lucretia Mott Room

John Woolman Room

Key

-  Toilets
-  Accessible toilets
-  Stairs
-  Lifts
-  Accessible lift
-  Restaurant
-  Café
-  Cloakroom (The Light)
-  Library



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Welcome Message

Welcome to 'Healthy Planet, Better World', Medact's fourth Annual Conference.

2016 has been a year of shock headlines: from the EU referendum to the rise of Donald Trump, the ongoing refugee crisis to the Zika virus outbreak.

There has been a lot of uncertainty; met with one clear certainty – that 2016 has been the hottest year in the history of global temperature records.

Whilst renewables have surpassed coal as the leading source of new electricity generation, and over 110 countries have ratified the Paris Agreement in an inspiring display of global collaboration, we have a long road ahead in tackling climate change.

Atmospheric carbon dioxide concentrations have surpassed 400 parts per million, and global temperatures between January and September 2016 were 1.2°C above pre-industrial levels (WMO). Around the world, signs of food and water insecurity, changing disease patterns, and the increased frequency and intensity of extreme weather events are impacting on health. We are increasingly faced with the reality that climate change could become the greatest threat to human health this century.

The health community has a mandate to call for social and political action to mitigate and adapt to environmental change.

Reducing air pollution, improving diets, and encouraging active forms of transport bring immediate benefits to both human health and to our planet. The health voice has the potential to be one of the most powerful in advocating for climate change mitigation policies.

This conference brings together over 65 speakers from policy, campaigning and professional backgrounds. Beyond teaching, we hope to provide opportunity for discussion of actions that can both promote health and reduce environmental degradation. We hope that this conference provides you with both the inspiration and the tools to be a voice for a positive change.

Please use this programme to guide you through this conference, and help you choose which sessions you would like to attend.

Most importantly, enjoy!



HAVE A QUESTION?

Get hold of one of our lovely
volunteers in green.



GET CONNECTED

Wifi: FH Conferencing
Password: @BritishQuakers



SHARE YOUR EXPERIENCE

Use #HealthyPlanet for your posts!



@medact



facebook.com/medacter



YOUR CONFERENCE BADGE

Please help us to care for the
planet by returning your
conference name badge to us.





FRIDAY 9TH DECEMBER

09.30 - 11.00

OPENING PLENARY: SETTING THE SCENE THE LIGHT

Our first Keynote Speakers will be updating us on the latest on climate science, politics and economics. For details of speakers, see page 6.

COFFEE BREAK

11.30 - 12.45

PARALLEL SESSIONS: UNSUSTAINABLE SYSTEMS

Choose a session to attend. For session and speaker information, see pages 8-9.

A1

**Global Food
System Challenges**
The Light

B1

**Economic Systems of
Climate Change**
Waldo Williams Suite

C1

**Cold Homes
& Health**
Hilda Clark Suite

D1

**Conflict &
Displacement**
Sarah Fell

LUNCH

14.15 - 15.30

PARALLEL SESSIONS

Choose a session to attend. For session and speaker information, see pages 10-11.

A2

**An Uncertain
Food Future**
The Light

B2

**Coastal Communities:
Tackling Deprivation**
Waldo Williams Suite

C2

**Is Nuclear Energy
the Answer?**
Hilda Clark Suite

D2

**Climate Change
Impacts in the UK**
Sarah Fell

E2

**Climate Change
& Mental Health**
Marjorie Sykes

COFFEE BREAK

16.00 - 17.15

PARALLEL SESSIONS

Choose a session to attend. For session and speaker information, see pages 12-13.

A3

Feeding 9 Billion
The Light

B3

**Inequality & Sustainability:
Two Sides of the Same Coin?**
Waldo Williams Suite

C3

**Air Pollution: a Health
Threat & an Opportunity**
Hilda Clark Suite

D3

**Sustainability in
the NHS**
Sarah Fell

EARLY EVENING EVENT

18.30 - 20.15

ARE WE STILL IN THE AGE OF STUPID?

Join us for a special evening event of debate and film. Your conference badge gains you free entry to this event, see page 14 for more.



SATURDAY 10TH DECEMBER

09.30 - 11.00

MORNING PLENARY: MOVING TO ACTION THE LIGHT

Our Keynote Speakers will discuss climate change from an international and development perspective, and how the skills of health professionals can be used to protect the environment. For details of speakers, see page 17.

COFFEE BREAK

11.30 - 13.00

SECOND PLENARY: CLIMATE CHANGE & UK POLICY THE LIGHT

Our second plenary will discuss current tensions within the UK economy and policy environment in relation to climate change. For details of speakers, see page 18.

LUNCH & CAMPAIGN PHOTO

14.30 - 16.00

PARALLEL WORKSHOPS

Choose a session to attend. For session and speaker information, see pages 19-23.

W1

Moving Towards
More Sustainable
Food Systems: The
Role of the Health
Community
The Light

W2

Defending Access
to Healthcare:
Refugees &
Migrants in the UK
Waldo Williams
Suite

W3

Divestment from
Fossil Fuels: Why
& How for the
Health
Community
Hilda Clark Suite

W4

Do I Really Need
This? Managing
Scarcity & Health
in a Changing
Climate
Sarah Fell

W5

Climate
Conversations:
Communicating &
Engaging the
Public
Marjorie Sykes

COFFEE BREAK

16.30 - 17.30

CLOSING ADDRESS THE LIGHT

What should the health community be doing? Our closing plenary will tie together what students, health professionals, researchers, and the general public can do at both an individual and community level. For details of speakers, see page 24.

EVENING EVENT

19.00 - 21.00

CLIMATE, CULTURE AND COLONIALISM

Join Folk & Word for an evening of music and poetry. Your conference badge gains you free entry to this event. For details, see page 25.

Friday Opening Plenary

09.30 - 11.00 **OPENING PLENARY: SETTING THE SCENE
THE LIGHT**

This Plenary will provide an overall update on the latest on climate science, politics and economics.

Dr Fiona Godlee (Chair) (Editor in Chief, The BMJ)

Prof. Kevin Anderson (Professor of Energy and Climate Change, University Of Manchester and Deputy Director of the Tyndall Centre for Climate Change Research)

Kate Raworth (Economist and author of Doughnut Economics. Kate holds academic posts at the Environmental Change Institute, Oxford University, and the Cambridge Institute for Sustainability Leadership)

Accelerating towards Paris: how informed hope & action can 'Trump' despair.

The IPCC's latest report, and the commitments enshrined in the Paris Agreement have reshaped the climate change agenda. Whilst the former establishes carbon budgets as the appropriate scientific foundation for mitigation policy, the latter obligates the international community 'to hold the increase in global average temperature to well below 2°C'.

This ambitious agenda demands rates of mitigation far beyond anything evident in history and seldom countenanced by policy makers. Set against such a profound challenge, the presentation will interpret the opportunities and barriers for urgently accelerating the transition to a decarbonised future and consider the scale of impacts should we continue to choose procrastination over meaningful action.

Could doughnuts actually be good for us? Why it's time for a new version of human prosperity.

Humanity's central challenge in the 21st century is to realise the human rights of all within the means of this life-giving planet. In other words, we need to get into the Doughnut of social and planetary boundaries. Kate will show why addressing this challenge has to start with a new understanding of human prosperity, and will set out the six key factors determining whether or not we have half a chance of getting there.

For full biographies of all the amazing speakers at #HealthyPlanet, please visit the Medact website:

medact.org/forum-2016





'We have been
mortgaging the health of
future generations to realise
economic and development gains
in the present'

LANCET COMMISSION ON PLANETARY HEALTH

11.30 - 12.45 Friday Parallel Sessions

UNSUSTAINABLE SYSTEMS

A1 Global Food System Challenges - THE LIGHT

Our global food system is unhealthy, inequitable and unsustainable. This session will explore the policy drivers of our global food system and its impact, from farm to fork, on the natural environment and human health.

Dr Alison Tedstone (Chair) (Deputy Director with responsibility for diet, nutrition and obesity in the Health and Wellbeing Directorate, Public Health England)

Professor Corinna Hawkes (Director of the Centre for Food Policy, City University London)

Milja Fenger (Research and Communications Officer at Food Climate Research Network (FCRN))

Samuel Lee-Gammage (FCRN, job-shares the same role with Milja Fenger)

Planet on a Plate: Interconnected Impacts of our Global Food System.

B1 Economic Drivers of Climate Change - WALDO WILLIAMS SUITE

Our economic system is responsible for driving unsustainable levels of consumption and carbon emissions. Meanwhile, those most vulnerable to the health impacts of climate change may be those least responsible for it. This session will discuss the historical and current economic drivers of climate change and its impacts.

Dr David McCoy (Chair) (Director, Medact and Senior Lecturer Queen Mary University London)

Dr Jason Hickel (Leverhulme Early Career Fellow, Anthropology, London School of Economics): *The Madness of Growth in a World of Ecological Limits*

Nick Dearden (Director, Global Justice Now): *The Failure of Development.*



C1 Cold Homes and Health - HILDA CLARK SUITE

Fuel poverty and cold homes cause up to 9000 deaths per year in England and Wales, meanwhile heating poorly insulated homes is not sustainable given the UK's climate change commitments. This session will include the health impacts of fuel poverty, the costs of expanding the infrastructure, and an overview of home energy efficiency policy in the UK.

Dr Deon Louw (Chair) (Specialty Doctor, Emergency Medicine, John Radcliffe Hospital, Oxford and Medical Co-ordinator, SEARCH-Africa).

Bryn Kewley (Campaigner, focused on the Energy Bill Revolution, E3G)

Professor Paul Ekins (Professor of Resources and Environmental Policy and Director of the UCL Institute for Sustainable Resources & Deputy Director of the UK Energy Research Centre): *Greenhouse Gas Reduction: Health Benefits and Co-Benefits*

Dr Brenda Boardman (Emeritus Fellow, Environmental Change Institute, Oxford University)

D1 Conflict and Displacement - SARAH FELL

The impacts of climate change and depleting levels of natural resources could lead to resource wars and population displacement. This session will explore the relationship between the environment, conflict and migration.

Dr Adi Vyas (Chair) (Lecturer in Public Health at Norwich Medical School, UEA)

Alex Randall (Programme Manager of the Climate Change and Migration Coalition): *Syria and Climate Change: Did the Media Get it Right?*

Doug Weir (Manager, Toxic Remnants of War Project): *Our Generation's Opportunity to Enhance Environmental Protection in Conflict.*

14.15 - 15.30 Friday Parallel Sessions

THE HEALTH IMPACTS OF CLIMATE & ENVIRONMENTAL CHANGE

A2 An Uncertain Food Future - THE LIGHT

Climate change, water scarcity and loss of pollinators are just some of the environmental stressors facing our global food system. This session will explore the threat of changing and degrading systems on national and global food security, both now and in the future.

Sunniva Taylor (Chair) (Programme Manager for the Sustainability work of Quakers in Britain)

Dr Sonja Vermeulen (Head of Research at the CGIAR Research Program on Climate Change, Agriculture and Food Security): *The Future of Food & Farming After Paris.*

Dr Pauline Scheelbeek (Research Fellow, Epidemiology and Population Health, London School of Hygiene and Tropical Medicine): *Environmental Impacts on Fruit and Vegetable Quality and Availability: Relevance for Future Diets*

B2 Coastal Communities: Tackling Deprivation - WALDO WILLIAMS SUITE

The UK's coastal areas differ hugely, but on average are more likely to suffer from decline, unemployment and poor wellbeing. This session looks at the economic and social policies that will help them build a sustainable future, including a guaranteed basic income.

Dr. Marcus Grant (Chair) (Associate Professor of Healthy Urban Environments at UWE, and Deputy Director of the World Health Organisation Collaborating Centre for Healthy Urban Environments)

Fernanda Balata (Leads the New Economics Foundation's Blue New Deal initiative aimed at supporting an economic transformation on the UK coast): *Good Jobs Through Healthier Seas*

Howard Reed (Economist and Founder, Landman Economics): *Universal Basic Income: What, Why and How?*

C2 Is Nuclear Energy the Answer? - HILDA CLARK SUITE

Nuclear Energy: Panacea or Pandora's box? The potential role of nuclear energy remains a major source of disagreement amongst environmentalists and health and energy experts.

Alice Bell (Chair) (Head of Communications, 10:10)

Dr Frank Boulton (Honorary Lecturer, Southampton University School of Medicine and member of Medact's Nuclear Interest Group): *Observations on a Nuclear Future from a UK Viewpoint.*

Dr Alex Rosen (Paediatrician & Vice-President International Physicians for the Prevention of Nuclear War, Germany): *Why Nuclear Energy is No Answer to Global Warming: The Need for a Real Energy Revolution,*

Kirsty Gogan (Energy for Humanity, Founder of the Low Carbon Alliance)
'Mind the Gap: Closing the Gap between Ideology and Evidence'

D2 Climate Change Impacts in the UK - SARAH FELL

Climate change will impact both health and health services in the UK. This session will examine what impacts are expected in different areas of the country and how health services can prepare.

Dr Nick Watts (Chair) (Executive Director of the Lancet Countdown: Tracking Progress on Health and Climate Change)

Dr Sari Kovats (Senior Lecturer at the London School of Hygiene and Tropical Medicine, and Director of the NIHR Health Protection Research Unit in Environmental Change and Health)

Kathryn Humphrey (Senior Analyst, UK Climate Change Adaptation Sub-Committee)

E2 Climate Change & Mental Health - MARJORIE SYKES

Psychological barriers impede collective action on climate change. This session will examine the links between human psychology and climate change, both drivers and impacts.

Dr Judith Anderson (Chair) (Founding member of Climate Psychology Alliance)

Dr Hugh Grant-Peterkin (Fellow in Medical Education and member of the Royal College of Psychiatrists working group on mental health of asylum seekers and refugees): *Heat & Health - Measuring the Public Health Impact of Climate Change*

Dr Lisa Paige (Honorary Clinical Senior Lecturer, Royal Sussex County Hospital): *Groups under Pressure - how can Psychotherapeutic Thinking help us Understand our Response to Climate Change*

Sally Weintrobe (Fellow of the British Psychoanalytic Society)

16.00 - 17.15 Friday Parallel Sessions

THE BETTER WORLD

A3 Feeding 9 Billion - THE LIGHT

We need to rethink and reorient the way that we produce and consume food, so that it protects the health of people and the planet. This session will look at possible solutions to addressing our unsustainable food system.

Kath Dalmeny (Chair) (Coordinator of Sustain: The Alliance for Better Food and Farming)

Dr Edward Joy (Research Fellow in Nutrition and Sustainability at the London School of Hygiene & Tropical Medicine, examining dietary patterns in India and their associated environmental implications): *The Role of Sustainable Diets for Future Food Security*

Dr John Ingram (Lead - Food Systems Research Group, Environmental Change Institute, Oxford University): *Reforming the Food System for a Just and Sustainable Future: A Farmers' Perspective'*

Adam Payne (Small-holding farmer and founding member and director of the Landworkers' Alliance, a UK wide grassroots union of small-scale farmers): *Food System Complexities, Challenges and Solutions: What's Coming Down the Track?*

B3 Inequality & Sustainability: two sides of the same coin? - WALDO WILLIAMS SUITE

Is it possible for governments to protect the environment and close the inequality gap at the same time? Should they even try? This session will look at how developed and developing countries have tried to tackle these two imperatives, and what they can learn from each other.

Dr Katherine Trebeck (Chair) (Senior Researcher, Oxfam)

Annie Quick (Lead for Wellbeing and Inequality for the New Economics Foundation): *Equality and Sustainability: Where does the UK Stand?*

David Powell (Lead – New Economics Foundation Environment Programme): *Flowers, Elephants and Conflicts: Kenya's Progress on Inequality and Sustainability.*



C3 Air Pollution: A Health Threat & Opportunity

- HILDA CLARK SUITE

Air pollution is well recognised as a major threat to public health. However, transport policy is not always guided by the need to reduce pollution. This session will examine the co-benefits to health and environment of low-carbon and active transport policies.

Andrea Lee (Chair) (Healthy Air campaigner for environmental law organisation ClientEarth)

Dr Ashok Sinha (Chief Executive, London Cycling Campaign)

Dr Harry Rutter (Senior Clinical Research Fellow at LSHTM, founder director of the National Obesity Observatory, core contributor to the WHO Health Economic Assessment Tool for Walking and Cycling): *Transport and Health: Why we get it wrong and how we can make it right*

Professor Jonathan Grigg (Professor of Paediatric Respiratory and Environmental Medicine at QMUL, honorary consultant paediatrician at The Royal London Hospital. Member of the committee on the medical effects of air pollutants)

D3 Sustainability in the NHS - SARAH FELL

The NHS is committed to an 80% reduction in greenhouse gas emissions by 2050, concurrently the burden of chronic diseases and austerity measures are leaving services overstretched. This session will explore how changes to the NHS can help mitigate climate change, improve population health and protect our world class service.

Prof. Steve Thornton (Chair) (Vice Principal (Health) at Queen Mary University of London, and consultant obstetrician at Barts and the London.)

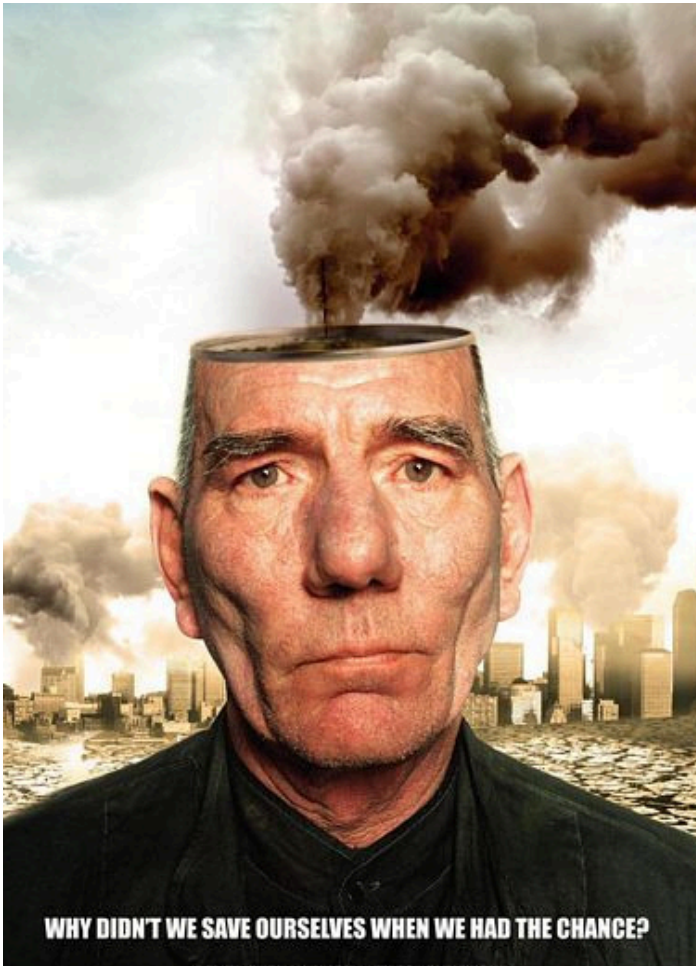
Dr David Pencheon (Director of the Sustainable Development Unit [SDU] for NHS England and Public Health England) *The NHS: Building a Sustainable Organisation.*

Dr Frances Mortimer (Medical Director, The Centre for Sustainable Healthcare): *The Sustainable Clinician*

Dr Rachel Cottam (Brighton & Hove CCG Clinical Lead for Sustainability and for Community Services, and GP practice partner): *Sustainability in Practice*

Friday Evening Event

18.30 - 20.15 **ARE WE STILL IN THE AGE OF STUPID?
THE LIGHT**



The Age of Stupid was an award-winning film made in 2009.

Set in 2055, in a world ravaged by catastrophic climate change, an archivist (Pete Postlethwaite) reviews archival footage back “when we could have saved ourselves”, trying to discern where it all went wrong.

Seven years on from the film’s release, do we still need to ask if we are living in ‘the age of stupid?’

Join Age of Stupid producer **Lizzie Gillet**, The Guardian Environment Editor **John Vidal**, Chief Executive of the London Cycling Campaign **Ashok Sinha**, and The Grantham Institute’s **Professor Joanna Haigh**, to review clips from the original film and explore the question – Are we still in the Age of Stupid?



Free Entry with your Conference Badge
£7 On the Door (Non-Conference Guests)



EXHIBITIONS & POSTERS

There are lots of great organisations already working to build a healthier, more socially just and environmentally friendly world. We have brought together some of these progressive groups to share their work at the conference.

Please do visit the exhibition area in the Ada Salter Suite, just behind The Light, to learn more and hear how you can get involved.

Organisations include: Eating Better Alliance; Medsin; Medicine, Conflict and Survival; Scientists for Global Responsibility; Made in Hackney; Soil Association; Centre for Sustainable Healthcare; Sustainable Development Unit; The Crunch; International Doctors for Healthier Drug Policies.

We are also lucky enough to be displaying the academic research of some of our attendees; on the theme of environmental change and health.

They will also be in the Ada Salter Suite, presenting their posters and keen to share their research.



'Tackling Climate Change
could be the Greatest Health
Opportunity of the 21st Century.'

LANCET COMMISSION ON CLIMATE CHANGE

Saturday Morning Plenary

09.30 - 11.00 OPENING PLENARY: MOVING TO ACTION THE LIGHT

This plenary will bring together speakers working internationally in the fields of environment and development.

We will hear the latest from the international climate change negotiations; examples of how the skills of health professionals can be used to protect the environment; and what climate change means from a global south perspective.

Dr Richard Horton (Chair) (Editor-in-Chief, The Lancet Journal)

Dr Kinari Webb (MD and Founder, Health in Harmony, improving the lives of people in the communities around Gunung Palung, Belize, through increased and affordable health care, decreased logging of the park and introduction of alternative incomes sources): *Radical Listening: Saving Lives and Rainforest in Borneo'*

Professor Bina Agarwal (Professor of Development Economics and Environment at the University of Manchester. Member of the Future Earth Science Committee and the International Panel of Experts on Sustainable Food Systems): *Governing South Africa's Forests: Could Women's Inclusion Enhance Conservation?.*

John Lanchbery (Principal Advisor on climate change at the Royal Society for the Protection of Birds and a lead member of the BirdLife International team on climate change)

For full Biographies of all the amazing Speakers at #HealthyPlanet, please visit the Medact website:

medact.org/forum-2016



Saturday Second Plenary

**11.30 - 13.00 FROM THE GLOBAL TO THE LOCAL
THE LIGHT**

Our second plenary will bring us closer to home. We will interrogate the current tensions within the UK's Economic and Policy environment in relation to climate change. We will then hear from our panel of experts on actions, strategies and what next for the health and environmental community.

Marc Stears (Chief Executive of the New Economics Foundation)

Duncan Williamson (Food Policy Manger for WWF UK): *Live Well - Pandas, People, Planet and Plate*

Dr Nick Watts (MD and Executive Director of the Lancet Countdown: Tracking Progress on Health and Climate Change. Director of the UK Health Alliance on Climate Change)

Naomi Luhde-Thompson (Senior Planner, Friends of the Earth)

Sheila Menon (Filmmaker and environmental campaigner with a range of grassroots campaigns including the Plane Stupid campaign)

**13.30 DOCTORS AGAINST DIESEL
FRIENDS HOUSE COURTYARD**

Air pollution causes 9,400 premature deaths per year in London and 40,000 in the UK. Medact have joined a new initiative *Doctors Against Diesel*, calling for restrictions on diesel vehicles in cities alongside improved on-the-road emissions testing standards.

Diesel is the primary source of NOx emissions in London and is a major source of particulate matter pollution. It is linked to asthma, heart attacks and strokes, and is classified as carcinogenic by the World Health Organisation.

If you are happy to, please join us for a photograph opportunity in Euston Square Gardens (directly opposite Friends House) wearing the props supplied, immediately after the morning plenary. The more people in the photo the more impact it will have!

#DrsVsDiesel



14.30 - 16.00 Saturday Workshops

THE BETTER WORLD

W1 Moving Towards More Sustainable Food Systems: How Can the Health Community Play a Part? - THE LIGHT

This workshop is designed to empower the health community to actively engage in efforts to help the transitions towards more sustainable diets and food systems – those that promote both human and planetary health.

We are bringing together a number of organisations and campaigns including food growing co-operatives, hospital food campaigns and citywide movements, who will share their experiences and give participants an opportunity to identify where and how they can get involved themselves.

Sue Dibb (Facilitator) (Coordinator of Eating Better: for a fair, green, healthy future – a UK-based broad alliance that is encouraging governments, businesses and all those who can make a difference to help people eat less and better meat and more foods that are good for people and the planet)

Imogen Resnick (Contributor) (Student at University College London, helped set up Meat Free Mondays campaign)

Dr Rajive Mitra (Contributor) (GP at Lambeth Walk Group Practice and helped to set up the Lambeth GP Food Co-op, encouraging patients to grow their own food in GP clinics, member of Lambeth Clinical Commissioning Group)

Melanie Strickland (Contributor) (Community Food Movement Builder at OrganicLea, an organic community food growing project and workers' co-op in North East London)

Rajeka Lazarus (Contributor) (Medact Oxford co-ordinator, Junior Doctor training in Microbiology and Infectious Diseases in Oxford)

Rosa van Kesteren & Dan Milner (Contributors) (Co-Founders of Flexitarian Bristol)



14.30 - 16.00 Saturday Workshops

THE BETTER WORLD

W2 Defending Access to Healthcare: The Rights of Refugees and Migrants in the UK - WALDO WILLIAMS SUITE

The Medact Refugee Solidarity Group have partnered with Doctors of the World to raise awareness among the health community about the rights of asylum seekers, refugees and undocumented migrants.

The workshop will (i) discuss the asylum process, what different immigration statuses mean for healthcare rights, and the barriers people may face when accessing healthcare (ii) equip attendees with the skills to recognise and respond to indicators of trafficking or modern day slavery (iii) assist attendees to understand what they can do to enable access, confront barriers and prevent extension to charges.

The workshop will be participatory, with plenty of opportunities to share experiences, discuss challenges and ask questions.

Dr Marie Pillar (Co-founder of the Refugee Solidarity Group, Medact Member and Junior Doctor)

Dr Helen Leveret (Co-founder of the Refugee Solidarity Group, Medact Member and Junior Doctor)

Jamie Leveret (Co-founder of the Refugee Solidarity Group, Medact Member and currently studying medicine)





#HEALTHYPLANET

W3 Divestment from Fossil Fuels, Why and How for the Health Community - HILDA CLARK SUITE

The fossil fuel divestment movement is a global movement calling on investors to shift investments away from fossil fuels and towards renewable energy. It is in part inspired by past work of the health community to drive divestment from tobacco.

Many health institutions including the British Medical Association and World Medical Association, have passed resolutions to divest, but pressure needs to be maintained to ensure these resolutions are implemented. This workshop will explain what divestment and reinvestment looks like, and equip you with the tools you need to start or get involved with a divestment campaign.

Danielle Paffard (UK fossil fuel Divestment campaigner, 350.org)

Dr Rachel Melsom (UK Director, Tobacco Free Portfolios, Part-time Doctor in the Department of Medicine for the Elderly (DoME) at Worthing Hospital in Sussex, and Works with Partnership for Change, a not-for-profit organisation created by leaders in the UK Pension industry)

Dr Zoe Steley (Member Fossil Free Health and Director of Anxious Activism, an independent film company. Part-time emergency medicine doctor, London.)

Isobel Braithwaite: F1 doctor and author of *Unhealthy Investments* report.



14.30 - 16.00 Saturday Workshops

THE BETTER WORLD

W4 Do I Really Need This? Managing Scarcity and Health in a Changing Climate - SARAH FELL

This workshop is designed to be fun and engaging, and prizes will be awarded! Based on materials developed for two sustainability and health projects, the session will use games that raise awareness and encourage discussion about health in the context of a changing climate and scarce natural resources. It will demonstrate, through participation (i) how issues regarding climate change and resources are relevant to health professionals and what actions they can take to reduce the environmental impact of healthcare; (ii) what health professionals can do to reduce the health consequences of climate change and resources depletion.

Professor Janet Richardson (Facilitator) (Nurse and Professor of Health Service Research in the Faculty of Health, Education and Society at Plymouth University. Current research engages healthcare providers in finding solutions to the challenges that climate change and resource depletion pose for health and healthcare delivery).

Dr Jane Grose (Facilitator) (Post-Doctoral Research Fellow with the Health and Sustainability Group in the Faculty of Health and Human Sciences Plymouth University, currently developing education materials on creation of a resilient health service in the face of increasing extreme weather events).

**WITH
PLYMOUTH
UNIVERSITY**



#HEALTHYPLANET

W5 Climate Conversations: Key Principles for Communication, and the Role of Medical Professionals in Public Engagement - MARJORIE SYKES

Nearly 30 years after climate change first appeared on the international news agenda, public engagement remains stubbornly stuck in second gear. The workshop will be a collaborative process of mutual learning. Participants can share their experiences, perspectives and discuss the main challenges in trying to communicate climate change in a healthcare setting.

The workshop facilitators will provide examples of best practice principles for communication, based on academic research, and Climate Outreach's unique set of practical resources for engaging diverse audiences on climate change.

Chris Shaw (Facilitator) (Senior Researcher, Climate Outreach Network Associate of the Tyndall Centre for Climate Change Research)



Saturday Closing Address

**16.30 - 17.30 CLOSING PLENARY
THE LIGHT**

Our closing plenary will draw together everything that has been covered in over the two days and discuss what different groups can do about it – from students to health professionals, academics and Medact members. From what you can do as an individual, to how we can collectively build a progressive health movement.

Dr Hugh Grant-Peterkin (Chair) (Trustee, Medact, Fellow in Medical Education and member of the Royal College of Psychiatrists working group on mental health of asylum seekers and refugees)

Eleanor Dow (4th year medical student at Edinburgh University and outgoing co-ordinator of Healthy Planet UK)

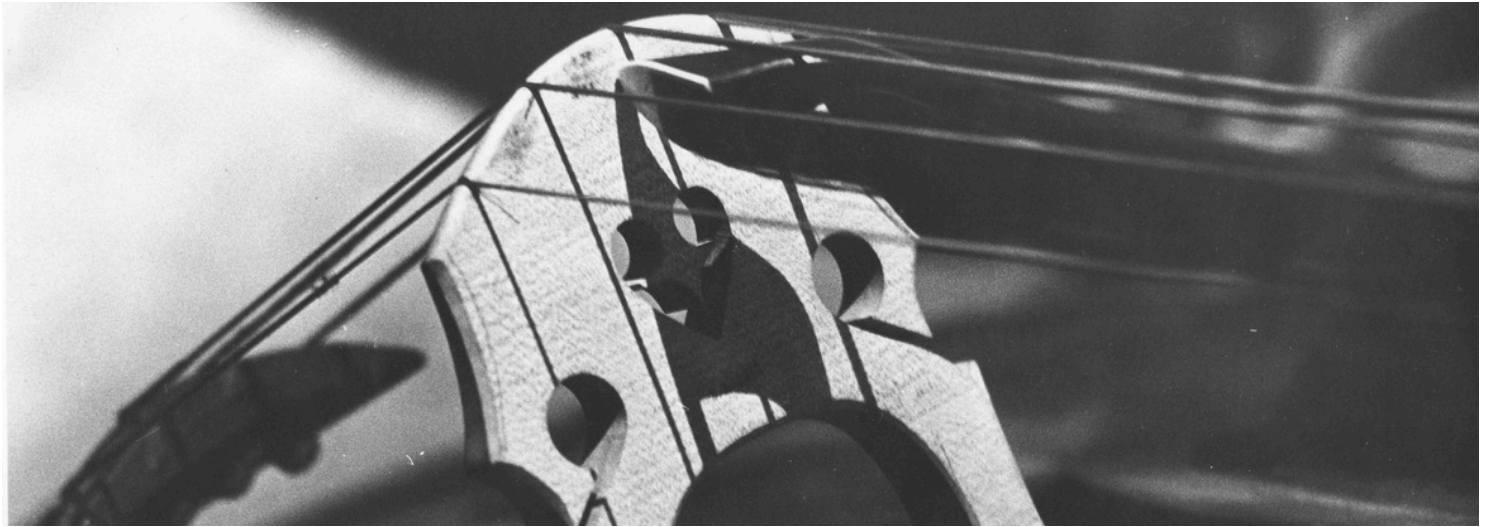
Professor John Middleton (President, the Faculty of Public Health)

Hannah Cowan (Co-ordinator of Medact local group in Brighton and PhD student London School of Hygiene and Tropical Medicine)

Dr David McCoy (Director, Medact and Senior Lecturer, QMUL)

Saturday Evening Event

19:00 – 21.00 CLIMATE, CULTURE & COLONIALISM
- THE LIGHT



Climate change threatens to undermine global political and ecological stability, but it will not affect everyone equally. It already impacts the lives of millions of people across the world - often affecting those least responsible for causing it.

In this event, **Folk & Word**, a collective of musicians, artists and activists from London, will explore the relationship between global inequalities of power, wealth, privilege, and climate change, through music and poetry.



Free Entry with your Conference Badge
£8 On the Door (Non-Conference Guests)
£5 On the Door (Concession)

All are welcome to attend our Conference Afterparty at the Somers Town Coffee House, Euston from 21:00.



'Health Professionals are uniquely placed to guide the climate change conversation towards better policies that are good for the planet and for people'

ANDY HAINES & CARLOS DORA
BMJ, 2012

Conference Information

FOOD DRINK & SNACKS

We hope you enjoy the refreshments. All of the food and drink at Friend's House is ethically and sustainably sourced, using fairly traded, local, organic, free range and sustainable products

Tea, Coffee and Refreshments

Tea, coffee and water will be served in the mid-morning and afternoon breaks, on both the Friday and Saturday. In addition, hot drinks and snacks are available to buy throughout the conference from the Friends House cafe. Water fountains can be found on the East and West corridor as well as on the second floor.

Packed Lunch (Included in ticket cost)

Because of the large number of people, we've had to prepare packed lunches for you all - these will be on tables outside of The Light during the lunch breaks.

The packed lunches are half vegetarian and half vegan. If you noted a special dietary requirement when registering, these will be placed on a separately marked table behind the West Corridor (ask a volunteer in Green if you are struggling to locate this). Please take your lunch quickly and find a seat around Friends House - including in The Light, or other rooms.

Please be mindful not to leave litter behind in any of the rooms - bins can be found in the corridors and all around the building.

Dinner (Not included in ticket cost)

Dinner on Friday and Saturday evenings is not included in the ticket cost. However, Friends House does have an amazing restaurant in the basement with a selection of affordable hot meals.

How can I make a difference?

LOCAL AND ISSUE GROUPS

We hope that this conference has inspired you to take action to address our global ecological crises.

Medact has a number of local groups around the UK which engage in activities: from education and raising awareness, to campaigning for change. In Manchester, Brighton, Oxford, Tyneside, Liverpool, London and Scotland, we bring together like-minded people to work for a safer, fairer & better world.

Medact also has issue-specific groups, which campaign within Medact's thematic areas, e.g. hospital food, access to healthcare for refugees and fossil fuel divestment.

If you want to get involved in an existing group, or connect with people to set up a local or issue-specific group, please visit the Medact stand next to the registration desk for a chat with some of our current group members.

Alternatively, email elizabethatherton@medact.org for more information.

BECOME A MEDACT MEMBER

Medact members are a powerful force for change – many are very actively involved and help to shape Medact's work. All play a key role in building the progressive health movement and strengthening Medact's voice.

Members also gain access to discounted event tickets, and free subscription to the journal *Medicine, Conflict and Survival*.

As a member, you are welcome to attend our Annual General Meeting, where you can have a direct say in what Medact does.

For further information about how you can be involved, visit medact.org.



With thanks to our partner organisations:

