



DAY ONE ACCREDITED BY ROYAL COLLEGE OF PHYSICIANS, 8 CPD CREDITS

FRIDAY, DECEMBER 9TH

## 0930 MORNING PLENARY

**1100** Chair: **Fiona Godlee** (Editor, British Medical Journal)  
Speakers: **Kevin Anderson** (University of Manchester and Deputy Director of the Tyndall Centre) and **Kate Raworth** (Economist)

**1130**  
**1245**

A1	B1	C1	D1
<b>Global Food System Challenges</b> Our global food system is unhealthy, inequitable and unsustainable. This session will explore the policy drivers of our global food system, from farm to fork, and its impact on the natural environment and human health.  Chair: <b>Alison Tedstone</b> (Public Health England) Speakers: <b>Corinna Hawkes</b> (City University)	<b>Economic Drivers of Climate Change and its Impacts</b> Our economic system is responsible for driving unsustainable levels of consumption and carbon emissions. Meanwhile, those most vulnerable to the health impacts of climate change may be those least responsible for it. This session will discuss the historical and current economic drivers of climate change and its impacts.  Speakers: <b>Jason Hickel</b> (London School of Economics), <b>Nick Dearden</b> (Global Justice Now)	<b>Energy Efficiency &amp; Health</b> Cold homes cause up to 9000 deaths per year in England and Wales, meanwhile heating poorly insulated homes is not sustainable. This session will include an overview of home energy efficiency in the UK, the health impacts and costs, and potential solutions.  Chair: <b>Deon Louw</b> Speakers: <b>Paul Ekins</b> (UCL Energy Institute), <b>Brenda Boardman</b> (Exeter University and former Director UKERC), <b>Bryn Kewley</b> (E3G)	<b>Conflict and Displacement</b> The impacts of climate change and depleting levels of natural resources could lead to resource wars and population displacement. This session will explore the relationship between the environment, conflict, and migration.  Chair: <b>Aditya Vyas</b> (University of Norwich) Speakers: <b>Alex Randall</b> (Climate Outreach), <b>Doug Weir</b> (Toxic Remnants of War Network)

**1415**  
**1545**

A2	B2	C2	D2	E2
<b>An Uncertain Food Future</b> Climate change, water scarcity and loss of pollinators are just some of the environmental stressors facing our global food system. This session will explore the threat of changing and degrading systems on national and global food security, both now and in the future.  Chair: <b>Sunniva Taylor</b> (Quaker Peace and Social Witness) Speakers: <b>Sonja Vermeulen</b> (CCAT-CCAFS), <b>Pauline Scheelbeek</b> (LSHTM)	<b>Coastal Communities:</b> <b>Tackling Deprivation by Turning to the Sea.</b> The UK's coastal areas differ hugely, but on average are more likely to suffer from decline, unemployment and poor wellbeing. This session looks at the economic and social policies that will help them build a sustainable future, including a guaranteed basic income.  Chair: <b>Marcus Grant</b> (WHO Healthy Cities) Speakers: <b>Fernanda Balata</b> (New Economics Foundation), <b>Howard Reed</b> (Landman Economics)	<b>Nuclear Energy: Panacea or Pandora's Box?</b> The potential role of nuclear energy remains a major source of disagreement amongst environmentalists and health and energy experts. This session will introduce the key arguments on both sides of the fence.  Chair: <b>Alice Bell</b> (10:10) Speakers: <b>Alex Rosen</b> (IPPNW-Germany), <b>Frank Boulton</b> (Medact), <b>Kirsty Gogan</b> (Energy for Humanity)	<b>UK Climate Change Impacts and Preparedness</b> Climate change will impact both health and health services in the UK. This session will examine what impacts are expected in different areas of the country and the preparedness of the health service for these.  Chair: <b>TBC</b> Speakers: <b>Sari Kovats</b> (LSHTM), <b>Kathryn Brown</b> (UK Climate Change Adaptation Sub-Committee)	<b>Climate Change, Human Psychology and Mental Health</b> Up to 80% of Disability Adjusted Life Years lost to climate change in the UK are mental health related. Psychological barriers also impede collective action on climate change. This session will examine the links between human psychology and climate change, both drivers and impacts.  Chair: <b>Judith Anderson</b> Speakers: <b>Hugh Grant-Peterkin</b> (Medact and QMUL), <b>Lisa Paige</b> (Sussex Partnership Trust), <b>Sally Weintrobe</b> (Psychoanalyst)

**1545**  
**1700**

A3	B3	C3	D3
<b>Feeding 9 Billion</b> We need to re-think and re-orient the way that we produce and consume food, so that it protects the health of people and the planet. This session will look at possible solutions to addressing our unsustainable food system.  Chair: <b>Kath Dalmeny</b> (Sustain), Speakers: <b>Edward Joy</b> (LSHTM)	<b>Inequality and Sustainability -</b> <b>Two Sides of the same coin?</b> Is it possible for governments to protect the environment and close the inequality gap at the same time? Should they even try? This session will look at how developed and developing countries have tried to tackle these two imperatives, and what they can learn from each other.  Chair & Speaker: <b>Dr Katherine Trebeck</b> (Oxfam) Speakers: <b>Annie Quick</b> (NEF), <b>David Powell</b> (NEF)	<b>Air Pollution - A Health Threat and Opportunity</b> Air pollution is well recognised as a major threat to public health. However, transport policy is not always guided by the need to reduce pollution. This session will examine the co-benefits to health and environment of low-carbon and active transport policies.  Chair: <b>Andrea Lee</b> (Client Earth) Speakers: <b>Harry Rutter</b> (LSHTM), <b>Johnathan Grigg</b> (QMUL), <b>Ashok Sinha</b> (London Cycling Campaign)	<b>Sustainability in the NHS</b> The NHS is committed to an 80% reduction in greenhouse gas emissions by 2050, concurrently the burden of chronic diseases and austerity measures are leaving services overstretched. This session will explore how changes to the NHS can help mitigate climate change, improve population health and protect services.  Chair: <b>Steve Thornton</b> (Barts & London Hospital Trust) Speakers: <b>David Pencheon</b> (NHS-SDU), <b>Rachel Stancliffe</b> (Centre for Sustainable Healthcare)

## 1900 Discussion: Are We Still In the Age of Stupid?

Join Age of Stupid producer **Lizzie Gillet**, **John Vidal** (Guardian Environment Editor), **Prof. Joanna Haigh** (Imperial College London), and **Ashok Sinha** (London Cycling Campaign) to review clips from the original film and explore the question - **Are we still in the Age of Stupid?**

Tickets for evening events are also available on the door - see event pages for more details



## SATURDAY, DECEMBER 10TH

### 0930 MORNING PLENARY

Chair: **Richard Horton** (Editor, The Lancet)

1100

Speakers [not in order]: **Marc Stears** (New Economics Foundation), **Nick Watts** (UK Health Alliance on Climate Change), **Kinari Webb** (Health in

then

1130

Harmony), **Naomi Ludhe-Thompson** (Friends of the Earth), **Bina Agarwal** (University of Manchester), **Duncan Williamson** (World Wildlife Fund),

1245

**John Lanchbery** (Principal Climate Change Advisor, Royal Society for the Protection of Birds), **Sheila Menon** (Plane Stupid Campaign)

## LUNCH and Healthy Air Campaign Photo - Euston Square Gardens (optional)

### 1415 AFTERNOON WORKSHOPS

1530

W1	<p><b>Moving Towards More Sustainable Food Systems: How Can the Health Community Play a Part?</b> This workshop is designed to empower the health community to actively engage in efforts to help the transition towards more sustainable diets and food systems - those that promote both human and planetary health. It will bring together a number of existing organisations and campaigns including food growing co-operatives, hospital food campaigns and citywide food movements. The food movements will share their experiences and give participants an opportunity to identify where and how they can get involved themselves. There will be discussion, skills-sharing and opportunities to ask questions.</p>	Delivered by <b>Eating Better Alliance</b> in partnership with food organisations to be announced
W2	<p><b>Defending Access to Healthcare: The Rights of Refugees and Migrants in the UK</b> The Medact RSG have partnered with Doctors of the World to raise awareness among the health community about the rights of asylum seekers, refugees and undocumented migrants. The workshop will (i) discuss the asylum process, what different immigration statuses mean for healthcare rights, and the barriers people may face when accessing healthcare (ii) equip attendees with the skills to recognize and respond to indicators of trafficking or modern day slavery (iii) assist attendees to understand what they can do to enable access, confront barriers and prevent extension to charges. The workshop will be participatory, with plenty of opportunities to share experiences, discuss challenges and ask questions.</p>	Delivered by <b>Medact Refugee Solidarity (RSG) group</b> - in partnership with <b>Doctors of the World</b> .
W3	<p><b>Divestment from Fossil Fuels, Why and How for the Health Community</b> The fossil fuel divestment movement is a global movement calling on investors to shift investments away from fossil fuels and towards renewable energy. It is partly inspired by past work of the health community to drive divestment from tobacco. Many health institutions including the British Medical Association and World Medical Association have passed resolutions to divest, but pressure needs to be maintained to ensure these resolutions are implemented. This workshop will explain what divestment and reinvestment looks like, and equip you with the tools you need to start or get involved with a divestment campaign.</p>	Delivered by <b>350.org</b> and <b>Fossil Free Health</b>
W4	<p><b>Do I Really Need This? Managing Scarcity and Health in a Changing Climate</b> This workshop is designed to be fun and engaging, and prizes will be awarded! Based on materials developed for two sustainability and health projects (<a href="http://www.heart-etools.com">www.heart-etools.com</a> and <a href="http://www.nursus.eu">www.nursus.eu</a>) the session will use games that raise awareness and encourage discussion about health in the context of a changing climate and scarce natural resources. It will demonstrate, through participation (i) how issues regarding climate change and resources are relevant to health professionals and what actions they can take to reduce the environmental impact of healthcare; (ii) what health professionals can do to reduce the health consequences of climate change and resources depletion.</p>	Delivered by <b>Janet Richardson and Jane Grose</b> (Faculty of Health and Human Sciences, Plymouth University)
W5	<p><b>Climate Conversations: Key Principles For Communication, and the Role of Medical Professionals in Public Engagement</b> Nearly 30 years after climate change first appeared on the international news agenda, public engagement remains stubbornly stuck in second gear. The workshop will be a collaborative process of mutual learning. Participants can share their experiences, perspectives and discuss the main challenges in trying to communicate climate change in a healthcare setting. The workshop facilitators will provide examples of best practice principles for communication, based on academic research, and Climate Outreach's unique set of practical resources for engaging diverse audiences on climate change.</p>	Delivered by <b>Chris Shaw</b> (Climate Outreach Network),

### 1545 CLOSING PLENARY

1730 Speakers: **David McCoy** (Medact and QMUL), **John Middleton** (President, Faculty of Public Health), **Eleanor Dow** (Medsin), **Hannah Cowan** (LSHTM & Brighton Medact)

1900 **FOLK AND WORD** - an evening of poetry, music and performance from international artists.

## TICKETS [WWW.MEDACT.ORG/FORUM-2016](http://WWW.MEDACT.ORG/FORUM-2016)



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