

Statement of Financial Activities for the year ended 31 January 2009

	Unrestricted Funds 2009 £	Restricted Funds 2009 £	Total Funds 2009 £	Restated 2009 £
Incoming resources from generated funds				
<i>Voluntary income</i>				
Donations	132,688	3,365	136,053	132,885
<i>Activities for generating funds</i>				
Teaching and consultancy	2,217	11,535	13,752	928
Conference and seminar	2,137	–	2,137	2,738
Surplus on sale of leaflets and books	227	785	1,012	365
Investment income & interest	2,335	–	2,335	1,943
Incoming resources from charitable activities				
Grants and contracts	–	90,102	90,102	143,443
Total incoming resources	<u>139,604</u>	<u>105,787</u>	<u>245,391</u>	<u>282,303</u>
Resources expended				
Costs of generating funds				
Costs of generating voluntary income	6,789	–	6,789	15,228
Charitable activities	110,959	115,529	226,488	225,991
Governance costs	7,359	–	7,359	7,451
Total resources expended	<u>125,107</u>	<u>115,529</u>	<u>240,636</u>	<u>278,630</u>
Net incoming resources				
– Net income for the year	14,497	(9,742)	4,755	3,673
Total funds at 1 February 2008	12,795	35,657	48,452	44,779
Total funds at 31 January 2009	<u>27,291</u>	<u>25,915</u>	<u>53,206</u>	<u>48,452</u>

Balance Sheet as at 31 January 2009

Tangible assets		<u>1</u>	<u>1</u>
Current assets			
Cash at bank and on hand		55,417	71,952
Stock on hand		–	–
Debtors and prepayments		4,254	6,234
		<u>59,671</u>	<u>78,15</u>
Current liabilities			
Amounts falling due within 12 months		[6,466]	[29,708]
Creditors and accruals			
Net current assets		53,205	48,451
Net assets		<u>53,206</u>	<u>48,452</u>
Restricted funds		25,915	35,657
Unrestricted funds		27,291	12,795
Total funds		<u>53,206</u>	<u>48,452</u>

Notes: Full audited accounts available on request from the Medact Office.
Restricted funds: to be used for specific purposes as laid down by the donor.
Unrestricted funds: Income received and generated by the objects of the charity without specific purpose and available as general funds.

Medact's 17th year

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Annual Report 2008/2009

Treasurer's Report

This has been a challenging year for small charities such as Medact. We are grateful to our members and donors for enabling us to carry out a huge range of work this year.

During the financial year ending January 2008, our total audited income of £245,391 consisted of £139,604 in unrestricted funds and the balance £105,787 in restricted funds. Total expenditure was £240,636, leaving a positive balance of £4,755. This was made up of a positive balance in unrestricted funds of £14,497, which covered a £9,742 overspend in restricted funds. The latter was a matter of timing as incoming funds were guaranteed.

Current membership is 1072. Subscriptions increased by £3,000 compared to the end of the last financial year and totaled £58,641. Donations increased by 56% to £22,875. This was due to some generous individual donations, including a legacy, as well as the generosity of all our members.

There are several exciting project proposals under consideration. However at a time when project funds are particularly difficult to obtain, maintaining and increasing membership and donations is crucial. In response to the difficult funding environment, measures were taken to reduce core costs and there are plans to preserve core funds by reducing office space in the coming year.

In relation to restricted funds, we are very grateful for grants from the Department of Health, the Polden-Puckham Charitable Foundation, and the G & H Roberts Community Trust.

We would also like to thank Tim Goodwin our accountant for indispensable advice and guidance.

I would like to thank the Director, staff and fellow members of the Board for their understanding and support.

Rebecca Macnair, Treasurer

Officers elected 2008–2009

Chair

Dr Frank Boulton

Vice-Chairs

Dr Judith Cook

Dr Elisabeth McElderry

Treasurer

Ms Rebecca Macnair

Hon. Secretary

Dr Douglas Holdstock

Other

Dr Ian Fairlie

Dr Jack Piachaud

(until February 2008)

Dr Peter Poore

Ms Margaret Reeves

Ms Ruth Stern

Dr Liz Waterston

Dr Gilles de Wildt

President

Dr June Crown CBE

Vice-Presidents

Ms Naaz Coker

Prof P J Graham

Prof Sir Andrew Haines

Prof David Morley CBE

Dr Alex Poteliakhoff

Dr Hanna Segal

Prof Gill Walt

Dr Helen Zealley

Taking action for health and equality

Medact's members, local groups, volunteers, staff, trustees and collaborators have continued to take action for a healthier and more equitable world throughout 2008. They have risen to challenges presented by conflicts, nuclear weapons, the growth in health inequalities and environmental change.

The recommendations of *Rehabilitation under Fire*, Medact's fourth Iraq report, were presented to the Government, at numerous events, and as evidence to the Foreign Policy Centre Iraq Commission in partnership with the Iraqi Medical Association. Medact continues to work for the effective rehabilitation of Iraq's health services with organisations such as Doctors for Iraq. Our work on the health effects of violent conflict has grown to include Gaza and Sri Lanka.

The international campaign for the abolition of nuclear weapons made significant progress. UN Secretary General Ban Ki-Moon pledged support for a Nuclear Weapons Convention (NWC) and the Australian Prime Minister set up the Nuclear Non-Proliferation and Disarmament Commission. In 2008 ICAN-UK gained nine eminent patrons and helped obtain 107 MPs signatures to an Early Day Motion calling for a NWC.

In May the Refugee Health Network and Entitlements Working Group brought a case to the High Court with a positive outcome for refused asylum seekers' access to health care. The Reaching Out project finalised and distributed 14,000 copies of the Maternity Access and Advocacy Pack, helping to ensure that all women have access to maternity care.

In May Global Health Watch 2 was launched; an alternative world health report produced with the People's Health Movement and the Global Equity Gauge Alliance, it was written by over 130 people from six continents.

Numerous other collaborations – including with IPPNW, Medsin and the Peace and Security Liaison Group, have enhanced Medact's influence on those with power over people's health.

We lost two dear friends and esteemed colleagues in 2008. Jack Piachaud and Douglas Holdstock, both pillars of support to Medact over many years will be sorely missed.

Marion Birch, Director



Weapons of Mass Destruction

The International Campaign for the Abolition of Nuclear Weapons (ICAN), initiated by the Australian IPPNW affiliate, is a global movement for a Nuclear Weapons Convention (NWC). Coordinated in the UK by Medact as ICAN-UK; it celebrated its first birthday on April 18.

A summary of the updated model NWC, presented to the UN in 2007, was sent to all MPs and selected Peers and responses followed up. The campaign was promoted at government and civil society meetings, conferences and workshops.

In July, Medact Chair Frank Boulton and Liz Waterston of Tyneside Medact led a delegation to the Foreign and Commonwealth Office to press for support for a NWC.

In October the campaign received an enormous boost when UN Secretary General Ban Ki-Moon gave his support to a NWC.

ICAN-UK helped obtain the signatures of 107 MPs to an Early Day Motion calling on the Government to support a NWC, and gained nine eminent patrons.

ICAN-UK was coordinated with energy and experience by Joseph Mutti.

Campaigning against Trident:

With the estimated cost of renewing Trident in excess of £76 billion, the campaign grew stronger as the economic crisis deepened.

Medact is a member of CND's No to Trident Replacement group,

effects of even a 1Kt warhead.

Medact members in Scotland have campaigned at the highest level against Trident and remain optimistic that national legislative powers will be effective in the ongoing challenge.

Missile Defence Group

Medact and other anti-nuclear organisations were active in the Missile Defence Working Group, which opposes US military bases at Fylingdales and Menwith Hill in Yorkshire.

WMD Awareness Programme

Medact continued as a member of the Weapons of Mass Destruction Awareness Programme (WMDAP). The group raised public awareness of the importance of nuclear disarmament throughout the year.

In denial about nukes

The theme of Medact's annual conference in June 2008 was 'disarmament, denial and distraction'; speakers and participants explored the psychology and myths behind the retention of nuclear weapons.



spoke at CND's 50th anniversary conference in February and at the Aldermaston demonstrations in March. CND/Medact's joint petition will be presented at the 2010 Non-Proliferation Review Conference. Sign it at <http://www.ipetitions.com/petition/nuclearweaponsconvention>

Medact's briefing *Britain's New Nuclear Weapons: illegal, indiscriminate and catastrophic for health* continued to be used to stress the indiscriminate and devastating



Violence, conflict and health

No let-up on Iraq



Medact's report *Rehabilitation Under Fire: health care in Iraq 2003–2007*, was launched in a blaze of publicity in January. Written in collaboration with Iraqi health professionals, it outlined the failure to support Iraqi health services since 2003. It was publicised on BBC Radio 4's Today programme, Good Morning Scotland, BBC Radio Five Live, and the BBC World Service. There were reports in the *Guardian*, the *BMJ*, the *Lancet* and news outlets worldwide. Medact has presented the report at numerous events, and gave evidence to the

Foreign Policy Centre's Iraq Commission.

Medact met with officials at the UK Department of International Development to discuss support for Iraq's health services and for Iraqi refugees. We also wrote to the Government about Iraqi refugees returned against their will. Intern Ali Sharma and Trustee Jack Piachaud worked on a detailed report on mental health in Iraq. Medact is collaborating with Doctors for Iraq on a series of surveys on the functioning of Iraq's hospitals.

Peace and security

In 2008 Medact sat on the Management Committee of the Peace and Security Liaison Group (PSLG). In June one of a series of PSLG round table meetings was organised by Medact, Merlin and the London School of Hygiene and Tropical Medicine at the Royal Society. Attendees from the Ministry of Defence, the Foreign and Commonwealth Office and the Department of International Development discussed military involvement in healthcare delivery during conflicts. Follow-up included a meeting with the UK Government Stabilisation Unit.

Medical peace work

This year, a ground-breaking online course in medical peace work was launched. The course was developed by a consortium of European partners including Medact and led by the Centre for International Health at the University of Tromsø.

Health Crises in:

Gaza

As the conflict in Gaza intensified in December, Medact joined with others in the Crisis Action network and in the health community to campaign for an immediate ceasefire.

Sri Lanka

Medact is supporting the Tamil Information Centre in the completion and launch of their significant report on health and inequality in the north east of the country.

Iran

Medact continued to work with colleagues in the Crisis Action network to take forward the recommendation of the *Time to Talk* report that any military action against Iran would be counterproductive.



Health, poverty and development

Global Health Watch 2

On October 16, Global Health Watch (GHW) 2 was launched in London, one of a series of launches in 25 countries. GHW2 is the second alternative world health report, written by over 130 people from six continents. It was reviewed in the *Lancet*, the *BMJ*, *Plos*



Medicine, the *WHO Bulletin*, *Common Ground News*, *Resurgence* and *Health Matters*. Medact sat on the Steering Committee and contributed to several chapters. The book can be ordered at sales@zedbooks.net

Right to health

In May, Medact Vice Chair Dr Judith Cook, Trustee Dr Margaret Reeves and Dr Peter Hall, Director of Doctors for Human Rights submitted a report from the People's Health Movement–UK to the UN International Committee

on Economic, Social and Cultural Rights in Geneva. The report outlined the British Government's violation of the health rights of Iraqi civilians, failure to protect the health of vulnerable people in the UK, and to deliver human rights education for health professionals. A letter on this was published in the *Guardian* in May.

Education for Global Health

Medact worked with Alma Mata, Skillshare International and Medsin to promote the inclusion of global health in the medical curriculum.

The environment

Climate change

Throughout the year Medact members drew attention to the potentially devastating health impacts of climate change and the health benefits of reducing carbon emissions. Bristol Medact ran an energetic campaign against airport expansion and Medact spoke at a number of events including the annual Campaign against Climate Change conference.

Medact promoted the BMJ's Climate and Health Council, which

led the health professional response to climate change through education, example and advocacy. In June, the Royal Society of Paediatrics and Child Health, the *BMJ* and the Faculty of Public Health hosted a conference on reducing the carbon footprint of the NHS. In August, Medact Director Marion Birch, helped run a successful workshop at the Camp for Climate Action at the Kingsnorth coal-fired power station in Kent.

Nuclear power

Medact continued to advocate that nuclear power is not part of the solution to climate change and to promote safe, renewal forms of energy. Medact tried to counter the myth that nuclear power is 'carbon free' and argued that the unsolved problems of nuclear waste cannot be left for future generations. We wrote to the Government calling for more research on the health effects for those living near nuclear power facilities.



Access to health care

Refugee Health Network and Entitlements Group

Throughout the year, Medact worked with other voluntary organisations to try to prevent further restrictions to NHS care for undocumented migrants and other vulnerable groups who have been refused asylum. The Government was planning to exclude these groups from primary as well as secondary health care. Medact campaigned on the grounds that this constituted a breach of the Government's obligations under the European Convention on Human Rights, and that no one should be subjected to 'degrading treatment or punishment'.

A key part of the campaign was a case in the High Court in April 2008, at which Mr Justice Mitting ruled that some refused asylum seekers should be entitled to free NHS secondary care. Medact continued to argue that health professionals must be able to carry out their ethical duty to provide care for sick people rather than have to administer immigration laws, and that the NHS must be able to treat patients both to avoid unnecessary suffering and in the interests of the public health. Medact will continue to argue that immigration should be

managed by immigration officials, not health professionals.

The Reaching Out Project

Medact's Reaching Out Project printed and disseminated 14,000 copies of the *Maternity Access and Advocacy Pack* – a picture-based resource to promote more effective use of maternity services.

The pack had been developed using a participative methodology and is designed to promote discussion and ensure people are aware of normal practice and their rights. It is targeted at marginalised women from black and minority

ethnic communities and is intended for use by groups of women outside the clinical setting.

The project was commissioned to provide workshops to disseminate the pack by a number of Strategic Health Authorities, Primary Care Trusts and Local Authorities. This is part of a programme aiming to reduce inequalities in infant mortality, as part of a regional strategy to improve maternal health and in the context of implementing Maternity Matters. It is a significant contribution to ensuring all women receive the maternity care they are entitled to.



Inside Medact

Publications

Medact's triannual newsletter *Communiqué* kept members up-to-date with reports on Medact's many activities. *Medicine, Conflict and Survival*, the international quarterly journal, now published by Taylor and Francis, covered health, security, conflict and international law, with articles by experts in their fields.

Staff

Pat Onoapoi supported the office and members as Medact's Administrator. Alison Whyte edited *Communiqué* and provided advice on media work and communications. Moyra Rushby coordinated the hugely influential access to health care campaign and managed the office. Ros Bragg managed the Reaching Out Project which helped increase access to maternity care. Joseph Mutti coordinated ICAN-UK which Medact hosts. Tim Goodwin our accountant kept Medact on the straight and narrow with consistent good humour. After eight years Sukey Field handed over the administration of *Medicine, Conflict and Survival* to Pat – we miss her. Marion Birch continued as Medact's Director.

Regional groups

Regional activity continued in 2008 through Medact's dynamic local groups. A new group sprang up in **West Yorkshire**, with shared interests in global health, human rights and ethical practice.

Bradford Medact campaigned on climate change and global health, and conflict and health. **Leeds Medact** focused on access to healthcare. **Bristol Medact** challenged North Somerset PCT to produce a strategy for carbon reduction. **Scottish Medact** campaigned vigorously against Trident and about climate change. **Tyneside Medact** campaigned on nuclear issues and together with Medsin they got global health onto the core curriculum at Newcastle Medical School. They wrote to Gordon Brown calling for an International Peace Force in Israel/Palestine. **Worcester Medact** produced an impressive report on Oromo refugees in UK, and members campaigned on arms control and human rights.

Volunteers and Officers

During 2008 our volunteers were as vital to Medact's work as ever, in particular Donald Uzu, Mary Holdstock, Christine Falvey, Anne

Piachaud, Gay Lee and Mohssin Goma. Allie Sharma and Heba al-Naseri made a valuable contribution to our work on Iraq.

Margaret Reeves, who joined the Medact Board this year, headed up the People's Health Movement in the UK. Ruth Stern, another new Board member coordinated the launch of Global Health Watch 2. Rebecca Macnair took over as Treasurer while Frank Boulton continued as Chair. Robin Stott left the board to concentrate on the Climate and Health Council – Medact is truly grateful for his strong support over the years; Elisabeth McElderry took over as Vice-Chair. Cathy Read left the Board but continued to give valuable support to the access to health care work. All board members gave time, energy and expertise.

A great loss

Medact suffered a great loss this year with the deaths of Jack Piachaud and Douglas Holdstock. Both had given huge support and enriched our work with their experience and expertise over many years. Thank you Jack and Douglas.